

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Vansteenland Annelies

Coaches: Bartholomeus Pieter HEADCOACH

Coaches: Van Landschoot Gwendy

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M FREESTYLE MEN 15+					Heat:2, starttime: 14:07
Heat: 2/7 Lane : 1 Athlete: GERMONPRé ACHIEL					Q-time: 01:04:22
PB (25m pool): 01:04.22 leper 04/01/2026					PB (50m pool): 01:05.04 SB: 01:04.22 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.97		01:04.22	
	00:30.97		00:33.25		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 15+					Heat:2, starttime: 14:07
Heat: 2/7 Lane : 8 Athlete: THIEREN KASPER					Q-time: 01:06:11
PB (25m pool): 01:06.11 leper 04/01/2026					PB (50m pool): 01:06.18 SB: 01:06.11 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.34		01:06.11	
	00:31.34		00:34.77		
					

Coach feedback:

Event number: 14: 100M FREESTYLE MEN 15+					Heat:3, starttime: 14:09
Heat: 3/7 Lane : 8 Athlete: NEYRINCK LOÏCK					Q-time: 01:02:84
PB (25m pool): 01:02.84 Diksmuide 12/10/2025					PB (50m pool): 01:03.16 SB: 01:02.84 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.55		01:02.84	
	00:30.55		00:32.29		
					

Coach feedback:

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Event number: 15: 200M BREASTSTROKE WOMEN							Heat:3, starttime: 14:25	
Heat: 3/3 Lane : 6 Athlete: LOWAGIE LILY							Q-time: 03:02:64	
PB (25m pool): 03:02.64 leper 04/01/2026				PB (50m pool): no time SB: 03:02.64 leper 04/01/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.24		01:27.68		no time		03:02.64
	00:41.24		00:46.44					
								

Coach feedback:

Event number: 19: 200M MEDLEY WOMEN 13-14							Heat:3, starttime: 15:03	
Heat: 3/4 Lane : 8 Athlete: GERMONPRé CÉZANNE							Q-time: 02:56:47	
PB (25m pool): 02:56.47 DIKSMUIDE 30/11/2025				PB (50m pool): 02:59.12SB: 02:56.47 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.57		01:25.03		02:15.79		02:56.47
	00:38.57		00:46.46		00:50.76		00:40.68	
								

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 15+							Heat:2, starttime: 15:28	
Heat: 2/5 Lane : 2 Athlete: THIERN KASPER							Q-time: 01:16:58	
PB (25m pool): 01:16.58 Diksmuide 28/12/2025				PB (50m pool): 01:13.87SB: 01:16.58 Diksmuide 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.91		01:16.58				
	00:34.91		00:41.67					
								

Coach feedback:

Event number: 22: 100M BUTTERFLY MEN 15+							Heat:2, starttime: 15:28	
Heat: 2/5 Lane : 8 Athlete: GERMONPRé ACHIEL							Q-time: 01:20:16	
PB (25m pool): 01:20.16 Diksmuide 28/12/2025				PB (50m pool): 01:21.49SB: 01:20.16 Diksmuide 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:36.48		01:20.16				
	00:36.48		00:43.68					
								

Coach feedback:

Limietenwedstrijd: Session: 2: COACH evaluation sheet for TEAM: VZV

Event number: 23: 200M FREESTYLE WOMEN							Heat:2, starttime: 15:39	
Heat: 2/4 Lane : 1 Athlete: DEYLGAT COSETTE							Q-time: 02:48:06	
PB (25m pool): 03:11.26 † Badhuis 01/05/2024				PB (50m pool): 02:48.06 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:11.26
	no time							
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:2, starttime: 15:39	
Heat: 2/4 Lane : 7 Athlete: LOWAGIE LILY							Q-time: 02:43:89	
PB (25m pool): 02:43.89 Meulebeke 06/04/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.69		01:21.06		no time		02:43.89
	00:38.69		00:42.37					
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:3, starttime: 15:43	
Heat: 3/4 Lane : 1 Athlete: BARTHOLOMEUS FLORIANNE							Q-time: 02:30:94	
PB (25m pool): 02:30.94 DIKSMUIDE 30/11/2025				PB (50m pool): no time SB: 02:30.94 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.55		01:14.14		01:53.51		02:30.94
	00:35.55		00:38.59		00:39.37		00:37.43	
								

Coach feedback:

Event number: 23: 200M FREESTYLE WOMEN							Heat:3, starttime: 15:43	
Heat: 3/4 Lane : 8 Athlete: LOWAGIE LOLA							Q-time: 02:31:54	
PB (25m pool): 02:31.54 DIKSMUIDE 30/11/2025			PB (50m pool): 02:35.74SB: 02:31.54 DIKSMUIDE 30/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.31		01:14.57		01:54.09		02:31.54
	00:35.31		00:39.26		00:39.52		00:37.45	
								

Coach feedback:

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Event number: 24: 200M FREESTYLE MEN							Heat:3, starttime: 15:56	
Heat: 3/6 Lane : 7 Athlete: VANDOOREN LOU							Q-time: 02:34:10	
PB (25m pool): 02:34.10 Meulebeke 06/04/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.68		01:16.94		no time		02:34.10
	00:36.68		00:40.26					
								

Coach feedback:

Event number: 24: 200M FREESTYLE MEN							Heat:4, starttime: 16:00	
Heat: 4/6 Lane : 4 Athlete: NEYRINCK LOÏCK							Q-time: 02:15:00	
PB (25m pool): 02:15.00 DIKSMUIDE 30/11/2025				PB (50m pool): 02:17.92SB: 02:15.00 DIKSMUIDE 30/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.61		01:05.99		01:40.83		02:15.00
	00:31.61		00:34.38		00:34.84		00:34.17	
								

Coach feedback: